



MN Military Family Assistance Centers

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Financial Resources, Where do I start?

Do you ever get a situation where there are a lot of financial issues around the house for a military family and you are not quite sure where to start? In this issue there are a few resources that can help.

A great resource to start with is your County resources. I recommend getting to know your shelters, food closets, churches, Lions and Elk Clubs, and veteran organizations.

Keep in mind that some resources have annual deadlines, some may have a waiting list, and some can take multiple

days to process. You may want to make sure that their immediate grocery needs are met if possible.

This issue focuses primarily on home assistance programs. Many help supplement ongoing needs which can really help in trying to function in a smaller budget.

Yellow Ribbon Groups may have information on local resources that can assist service men, veterans, and their families.

FACs use all of these resources to assist mili-

tary families. Our goal is to empower the people we work with.

We strive to make the best resource match, we have checked whether a military discount/ payment plan is offered, that they are military friendly, and will fit into your budget.

CVSO's have hands on information for a lot of Veteran benefits and programs. They are also able to help with getting DD214's and assist with claims.

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Special points of interest:

This months focus is on: Around the Home-

- ♦ *Who to contact for help with rent/ mortgage?*
- ♦ *Who can help with energy assistance?*
- ♦ *Who can help with energy turn offs?*
- ♦ *How do I find out if I qualify?*

Fare for All

Fare for All is community-supported and open to everyone. The more people who participate, the more savings is passed on to customers.



FARE FOR ALL
Food that makes cents

Fare for All buys fruits, vegetables, and frozen meat in bulk to save you up to 40% off grocery store prices. They select the best food from out shipments, prepackaging it to give you the greatest deals! This is not an income based

resource and all are welcome to participate.

To find a location near you call 763-450-3880 or go to their website:

www.fareforall.org

What foods are for sale?

***Produce Pack- \$10.00**

5 varieties of fresh vegetables and 2 varieties of fresh fruit.

***Mini Meat Pack- \$11.00**

A minimum of 4 assorted meat items (3-5 pounds)

***Combo Pack- 20.00**

Save an extra \$1 by combining the Produce Pack and the Mini-Meat pack

***Mega Meat pack- \$25**

Typically includes 7-9 frozen meat items.

Watch for \$30 Holiday Packs in Nov and Dec.



MN Energy Assistance Program

The Energy Assistance Program (EAP) helps pay home heating costs.

- Households who are at or below 50 percent of the state median income are eligible.
- Size of grant is based on household size, income, fuel type and energy usage.
- Households with the lowest income and highest fuel costs receive the highest grants.
- Federally funded through U.S. Department of Human Services.
- Funds are available for renters or homeowners.

Services include:

- Provide direct payment to the energy supplier.
- Educate consumers to use home heating energy efficiently and safely.
- Advocate with energy suppliers and human service providers on behalf of utility customers.
- Crisis help for utility disconnections.

Emergency heating system repair or replacement

<http://www.minnesotaenergyresources.com/home/lieap.aspx>



Salvation Army Heat Share Program

HeatShare is a Salvation Army program that provides emergency utility assistance for people with no place left to turn. The program is funded in part by Salvation Army donors and customers of local utility companies (donate online). Funds are typically used to pay for natural gas, oil, propane and electricity. In February, we're partnering with one local utility company to offer a way to protect your home while helping heat a neighbor's.

HeatShare is offered at most Salvation Army operation centers in Minnesota. In communities where HeatShare funding isn't available, other Salvation Army partners may have resources.

Call 1-800-842-7279 to get assistance in your area. For more information visit their website at:

<http://salvationarmynorth.org/programs-that-help/basic-needs/heatshare/>

MACV

Minnesota Assistance Council for Veterans:

MACV is dedicated to honoring those who served us first. MACV does not duplicate any services already available through Federal, State or County veteran benefits. Our first step is to connect a veteran with the Veterans Administration for medical and mental health benefits and the County and State for their programs. However, there are gaps in these services that we fill – primarily housing and employment support. We offer assistance with the following:

- Mortgage
- Rent
- Utilities
- Transportation
- Food

Service Member does have to be a combat veteran to be eligible. Other criteria also applies, Service Members will go through an eligibility phone call before proceeding with assistance.

GreenCare & SnowCare for Troops



Project EverGreen's GreenCare for Troops and SnowCare for Troops programs provide complimentary lawn and landscape services, and snow and ice removal services for the families of currently deployed military personnel, and post 9/11 disabled veterans with a service-connected disability.

To register or for more information please see their website:

<https://projectevergreen.org/greencare-and-snowcare-for-troops/>

Or call: 877-758-4835



MACV Metro

2700 E. Lake Street
Suite 3350

Minneapolis, MN 55406

612.726.1327

MACV Mankato

12 Civic Center Plaza
Suite 2090

Mankato, MN 56001

507-345-8258

MACV Duluth

101 W 2nd St
Duluth, MN 56001

218-722-8763

www.mac-v.org/

What are the Family Assistance Centers (FACs) and what do they do?

Military Family Assistance Centers (FACs) are dispersed throughout the state to offer resources, referrals, and support to all Service members and their families. FACs are confidential and available 24/7 to ALL branches regardless of status.

State Office Coordinator

Nancy Launderville
8180 Belden Blvd
Cottage Grove, MN 55016
Phone: 612-618-6927 or
651-282-4209



**You make the Call...We
make the difference**

Contact for Information & Referrals on:

- *Crisis Intervention
- *Financial Resources and Counseling
- *Community resources & Support
- *Parent & Youth Resources
- *DEERS/ID Cards
- *TRICARE
- *Legal
- *And Much More!

MN Military Family Assistance Center Locations

Arden Hills

1536 Ben Franklin Dr
Arden Hills, MN 55112
651-282-4055
Yolonda Von Itter

Bloomington

3300 W 98th St W
Minneapolis, MN 55431
651-282-4748
JP Wagle

Detroit Lakes

915 Lake Ave
Detroit Lakes, MN 56501
651-268-8884
Kristin Helmers

Mankato

100 Martin Luther King Jr Dr
Mankato, MN 56001
651-268-8413
Jennifer Kafka

Bemidji

1430 23rd St NW
Bemidji, MN 56601
651-282-4031
Misty Melcher

Camp Ripley

15000 Hwy 115
Little Falls, MN 56345
320-616-3119
Savannah Polzin

Duluth

4015 Airpark Blvd
Duluth, MN 55811
651-282-4053
Angelina Hager

Montevideo

711 S 17th St
Montevideo, MN 56265
651-268-8475
Frank Ourada

Rosemount

13865 S Robert Trail
Rosemount, MN 55068
651-282-4749
Cindy Dille