

**FREE!**

# Mental Health Crisis Planning For Families



**FREE**  
Child Care Available



## INTENDED AUDIENCE:

- Parents/Guardians
- Caregivers

**Date:** Tuesday, December 5, 2017

**Time:** 6:15—8:15

**Location:** New Hope Learning Center  
8301 47th Avenue N  
New Hope, MN *Room Flex Lab*

**Cost:** FREE

**RSVP electronically:**  
[Melodie\\_hanson@rdale.org](mailto:Melodie_hanson@rdale.org)

**RSVP by phone:** 763-504-4981

**If you need child care, please leave the names and ages of your children.**

### Mental Health Crisis Planning For Families

Learn to recognize, manage and plan for your child's mental health crisis.

Participants will also learn:

- ◆ De-escalation techniques
- ◆ The role of county crisis teams
- ◆ When to call 911
- ◆ Develop a crisis plan for your child and family

This is a two-hour class and is for parents or caregivers of children.

Child care provided if reserved ahead of time. Call 763-504-4981 and leave your name and the ages of your child(ren) you wish child care for.

**Sponsored by: Robbinsdale Area Schools:**

- *Special Education Advisory Council; and*
- *The Redesign Family Service Collaborative*



*Student Centered  
Strength Based*



*Working Together for Student  
and Family Success*

NAMI Minnesota (National Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families. NAMI Minnesota offers education, support and advocacy. NAMI Minnesota vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.