

Minneapolis VA Health Care System

**5th Annual
VA Mental Health
Summit**



Friday, September 22, 2017

**Bishop Henry Whipple Federal Building
1 Federal Drive,
Fort Snelling, MN
55111-4080**

VA



**U.S. Department
of Veterans Affairs**

Agenda

- 0730 – 0830:** Registration - Networking, Resources and information tables
- 0830 – 0845:** Agenda and overview of conference
- 0845 – 0900:** Opening remarks from leadership
- 0900 – 1000:** Morning keynote speaker, **Fernando Guzman, MARFORRES Prevention Program Director**
- 1000 – 1030:** Break, Networking, Resources and information tables
- 1030 – 1200:** Break out session #1:
1. Supporting Veterans in Employment and Education
2. Certified Community Behavioral Health Clinics
- 1200 – 1300:** Lunch
- 1300 – 1400:** Afternoon keynote speaker, **Dr. Irene Harris**
- 1400 – 1430:** Break, Networking, Resources and information tables
- 1430 – 1600:** Break out session #2:
1. Working Towards Zero Suicide in MN
2. Behavioral Health Needs of MN Veterans

Keynote speaker:



Fernando D. Guzman, Marine Forces Reserve (MARFORRES)
Prevention Program Director

Fernando Guzman is serving as the Marine Forces Reserve Prevention Program Director. Prior to accepting this position, he served a total of 27 years in the United States Marine Corps retiring in 2012. While on Active Duty, he deployed in support of Operation Enduring Freedom and served in Joint Task Force Horn of Africa (CJTF-HOA) in Djibouti.

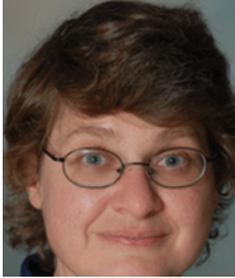
He has a Bachelor's degree in Business Administration and is currently pursuing a Master's degree in Public Health. In his current position, he is tasked with coordinating and promoting behavioral health services and resources, coordinating training to over 160 Reserve sites throughout the continental U.S., Hawaii, Alaska and Puerto Rico for a total population of over 34,000 Reserve Marines, 60,000 Individual Ready Reserves (IRR), and approximately 8,000 Active Duty and Active Reserve Marines.

Learning Objectives:

1. Introduction to the United States Marine Corps Reserve
2. Understanding the uniqueness of the Reserves world.
3. Identify challenges and limitations in accessing behavioral health services.
4. Partnering with local and national stakeholders.

Supporting Veterans in Employment and Education

Keynote speaker:



Dr. Irene Harris, is a psychologist and mental health research investigator with the Minneapolis VA Health Care System. She holds master's degrees in education and rehabilitation counseling, as well as her doctoral degree in counseling psychology. Dr. Harris has developed psychosocial rehabilitation and peer support programs at MVAHCS, and is extensively published in the field of spiritually integrated care for PTSD. She has a long record of funded research grants to study less stigmatizing ways to offer mental health care. She has recently pursued research on ways that health care providers become vulnerable to stigma and the impact this has on both provider training and health care decisions; today's presentation is based on that research.

Learning Objectives:

1. Participants will increase awareness of training and professional culture elements that make providers vulnerable to stigma.
2. Participants will become aware of resources for reducing this vulnerability.

The attendee will be able to:

1. Identify federal and state programs that assist veterans in employment and education.
2. Identify how these entities collaborate together to assist veterans.
3. Identify unique employment and education challenges for veteran job seekers and students.

Moderator:

Angela Sherburne, MA, Program Manager - Therapeutic and Supported Employment Services, US Department of Veterans Affairs. Angela is the Program Manager of the Therapeutic and Supported Employment Services (TSES) team at the Minneapolis VA Health Care System. In 2007, Angela was hired by the Minneapolis VA as its first Vocational Rehabilitation Specialist in Supported Employment, where she helped develop new and existing vocational and educational programs within TSES for nearly 8 years before her current role. The program has grown to 11 clinical staff, whose employment outcomes continue to double national averages. Angela developed, and has presented nationally on, the VA's Business Partnership Council (BPC) and Veterans Employment Resource Group (VERG). Angela earned her BA in Psychology from the University of Minnesota-Twin Cities, and MA in Counseling Psychology from St. Mary's University of Minnesota.

Panelists:

Scott Mills, Director-Veterans' Employment and Training Services (VETS) U.S Department of Labor. Edward "Scott" Mills serves as the Director for the U.S. Department of Labor's Veterans' Employment and Training Service (VETS) in St. Paul, Minnesota, a position he accepted in March 2012. As the State Director, he provides leadership, strategic vision and managerial control of VETS operations in Minnesota, which is comprised of three staff. Working

in partnership with senior state officials, military commanders, private non-profits, veterans' service organizations and the private sector, implements and executes programs that serve America's veterans and separating service members by preparing them for meaningful careers, providing employment resources, protecting their employment rights and promoting employment opportunities.

Prior to arriving at VETS, Mills served over 27 years in the United States Army holding the rank of Command Sergeant Major before his retirement in January 2012.

Jim Finley, Director - Veterans Employment Services (VES) - MN Dept. of Employment & Economic Development. Jim has been with The Department of Employment & Economic Development for over 40 years. He began his career with the State of Minnesota in 1977 as the first Disabled Veterans Outreach Program Specialist (DVOP) hired in Minnesota to seek out and develop employment opportunities for returning Viet Nam Era Veterans. He has also held positions in the Department as an Employment Specialist, Job Analyst, Program Supervisor, and Field Operations Manager. Currently, the Veterans program has 19 DVOP's, and 9 Sr. Veterans Employment Representatives (LVER's) covering Minnesota's 47 WorkForce Centers. The current VES mission provides job search support for Minnesota Veterans transitioning from the Military, Veterans with significant barriers to employment, and Veterans seeking Military specific resources. Services are focused on providing a seamless reintegration for returning Military Members back to family, work, and school. This includes employment assistance and referral, job development, and referral to other community and military resources. Mr. Finley served with the Army's 9th Infantry Division, and was Honorably Discharged from service in 1977.

Annette Brechon Kuyper, Director of Military Outreach, Minnesota Department of Military Affairs. Annette's responsibilities include providing program development, strategic communication, outreach and coordination of military support programs for the Department of Military Affairs and on behalf of the state of

Minnesota. As a civilian on the Adjutant General's Staff, her role is to act as a liaison between the Minnesota Department of Veterans Affairs, Military Affairs, and other federal agencies, commissions, nonprofit and professional associations. In this capacity Annette oversees Minnesota's Beyond the Yellow Ribbon Program which has become a national model for synchronizing efforts to support service members, veterans, and military family members.

Gina Sobania, Director of Military, Veteran and Adult Learner Services, Minnesota State. Gina assists college and university faculty, staff, and administration in welcoming and supporting Veterans, Service members and their families. Specifically, she has worked tirelessly with colleges and universities in awarding academic credit for military training and experience. Gina is a national expert on using ACE credit recommendations to create academic pathways for Veterans and Service members. Gina and the Minnesota State system have provided training and best practices to Minnesota State's pathway program to more than 25 states around the country. She has also participated at national conferences and webinars regarding the awarding of academic credit for military courses and occupations. Gina also works to enhance the Minnesota State partnership with the military, state agencies and the private sector through her work in preparing service members and families before, during and after deployments, consistent with Minnesota State's commitment as a "Beyond the Yellow Ribbon" organization. She has a bachelor's degree in Teaching Social Studies Secondary and a certificate in Educational Technology and Computers from the University of Minnesota Duluth, and a master's degree in Higher Education Administration from St. Cloud State University.

Certified Community Behavioral Health Clinics

Certified Community Behavioral Health Clinics (CCBHCs) are community clinics that offer integrated mental health and substance use disorder services as well as care coordination as part of a

2-year federal demonstration project. Minnesota is 1 of just 8 states accepted into the demonstration and there are 6 clinics in MN who are testing this service delivery model that provides outreach, increases access, improves services, and serves as a “one-stop-shop” to those who are currently underserved. Within the CCBHC federal criteria, veterans and current service members are specifically mentioned as a population that requires specialized services and a need to coordinate services closely with the local VA. Come here how this innovative model has been established and is networking with the Minneapolis, Fargo and St. Cloud VAMCs and CBOCs.

Presenters:

Jane King, PsyD, LP, works for the MN Department of Human Services in the Mental Health policy unit working on the Certified Community Behavioral Health Clinic project. She brings over 20 years of direct service experience as a licensed psychologist, supervisor, program developer and trainer to her work developing the CCBHC service policy in close collaboration with the 6 clinics in MN who have become CCBHCs.

Tim McGuire has over 40 years of human service experience in areas of direct service, program management, teaching and quality assurance. He has also been a Peer Reviewer and Team Leader for the Council on Accreditation, an independent accrediting body of human service organizations in North America. Tim is currently the Director of CCBHC Implementation and Evaluation for People Incorporated, a mental health services organization operating more than 60 programs in the greater Twin Cities metropolitan area.

Heather Geerts serves as the Director of Clinical Services at Zumbro Valley Health Center. She is the administrator for children’s services (including CTSS, case management, and school-linked mental health services), the behavioral health home program, chemical dependency navigator services, mobile crisis services, and the outpatient psychiatry and psychotherapy

departments. As director of clinical services, she helps determine and oversees Zumbro Valley Health Center’s therapeutic direction. She is the agency’s HIPAA privacy officer. Ms. Geerts has a Masters of Social Work degree from the University of St. Thomas along with her certification as a licensed independent clinical social worker.

Julie Duncan has a master’s degree in psychology from St. Mary’s University of Minnesota. She is a licensed psychologist and has over 15 years of experience working in various community mental health programs. She was an ACT team leader and then Program Director at South Metro Human Services. In 2012, she was hired at Ramsey County as supervisor of the Welcome Center, an innovative program with a mission to increase access to mental health services in Ramsey County. She is currently the Human Services Manager of the Ramsey County Mental Health Center, Ramsey County Targeted Case Management, Assertive Community Treatment teams and the Mothers First Program. Ramsey County Mental Health Center is one of the six clinics in Minnesota participating in the federal demonstration project Certified Community Behavioral Health Clinics. Julie has a special interest in integrated and team-based care.

Tracy Hilke, Community Mental Health Integration Manager for the Wilder Foundation’s Community Mental Health Services, has 25 years of experience working extensively with children and families, of diverse backgrounds, who have experienced significant abuse, neglect, attachment concerns, high risk behaviors and trauma, in residential treatment, school, out-patient and community based settings. Tracy is a leader within the Wilder Foundations Trauma Informed Organizational efforts and provides trauma trainings and consultation to various community based mental health and social service organizations throughout the twin cities.

Working towards Zero Suicide in MN

Outline:

1. What is Zero Suicide.
2. How is Zero Suicide being implemented in MN
3. How can you get involved in Zero Suicide.

Learning objectives:

1. Understand Zero Suicide model.
2. List the Zero Suicide 7 key elements.
3. Describe how to implement Zero Suicide.
4. Evaluate if we Zero Suicide is right for your organization community.

Melissa Heinen is the Interim Project Director for the MN Youth Suicide Prevention Program and the MNVDRS Program Coordinator with the Injury and Violence Prevention Section at the Minnesota Department of Health in Saint Paul, Minnesota. She has over 15 years experience in injury and violence prevention and epidemiology. She has worked at the state, local and national level for organizations such as the Northern New England Poison Center; the National Center for Health Statistics (NCSH) at the Centers for Disease Control and Prevention (CDC); the Hennepin County (MN) Community Health Department and the United States Indian Health Service. Melissa is passionate about using data to drive and target science-based public health prevention practices.

Behavioral Health Needs of MN Veterans

Kristin Dillon and Nora Johnson:

Learning objectives:

1. Understand the current behavioral health needs of Minnesota Veterans.
2. Learn about key populations of Minnesota Veterans with increased risk for behavioral health issues.
3. Identify barriers to accessing behavioral health resources.
4. Consider recommendations for improving the behavioral health system.

Session description:

Join us to learn more about the mental health needs of Veterans in Minnesota from a recent statewide assessment. This assessment set out to identify the mental and behavioral health needs of Minnesota Veterans, the existing resources available to them, and the opportunities to address any unmet needs of this population. These results came from a mixed methods approach, including key informant interviews with practitioners who serve Veterans, a survey of Minnesota Veterans, and an analysis of existing data. This study was conducted by Wilder Research in partnership with the Minnesota Department of Veterans Affairs in response to a commission from the Minnesota Legislature.

Kristin Dillon:

Kristin has a master's degree and doctorate in Family Social Science from the University of Minnesota. Kristin is a Research Scientist at Wilder Research, where she has spent the last decade coordinating a variety of research and evaluation projects. She has extensive experience researching mental and chemical health systems and issues. Kristin has also led multiple projects focused specifically on Minnesota Veterans.

Nora Johnson:

Nora is a Research Associate with Wilder Research. She has over eight years of experience in a variety of research settings. She works with a wide variety of research and evaluation projects and is particularly interested in projects related to Veterans, individuals who have experienced trauma, trauma-informed evaluation methodologies, and mental and chemical health. Nora holds a master's degree in Public Health from the University of Minnesota, and received her bachelor's degree in Cultural Anthropology from Macalester College.

Resource Providers:

Air Force - 934th Air Wing

Fishing For Life

Helping Paws

Lutheran Social Services

Mental Health Minnesota

Military One Source

Minnesota Assistance Council for Veterans (MACV)

MN Department of Veterans Affairs

National Alliance on Mental Illness (NAMI)

Ramsey County Veterans Services

Suicide Prevention Program - Minneapolis VA HCS

Team Red, White and Blue

Tobacco Cessation resources - Minneapolis VA HCS

Veterans Benefits Administration (VBA)

Vet Center - Brooklyn Park