



Presenter cohort Training

Understanding Adverse Childhood Experiences: Building Self-Healing Communities

April 26 & 27

9:00 am – 4:30 pm

Hyland Park Reserve, 10145 Bush Lake Road, Bloomington, MN 55438

Day one

- 9:00 **Welcome and Open**
- 9:15 **Introductions**
- 10:00 **Framing – Presenters as Change Agents**
- 10:15 **Community Roll-Out Strategy: Previous Community Cohort story**
- 10:30 **Break**
- 10:45 **Sample Slide presentation: Brain Science**
- 11:15 **Learning about ACEs and the ACE Study**
- 12:00 **Lunch**
- 12:45 **Sample Slide presentation: Resilience**
- 1:15 **Planning and Mapping the talk**
- 1:30 **Group exercise – Mind Map long version of the talk**
- 2:15 **Break – teams get ready to present**
- 2:30 **Teams present maps**
- 3:00 **Historical Trauma**
- 4:15 **Open Question and Answer**
- 4:45 **Preview of tomorrow**
- 5:00 **Close**

Day 2

- 9:00 **Welcome, overview**
- 9:10 **Opening Circle**
- 10:10 **Magnitude of the Solution – John Snow**
- 10:25 **Set up practice pairs**
- 10:30 **Break**
- 10:45 **Practicing slides in pairs**
- 11:15 **Presenting Core Talk**
- 12:00 **Debrief – what did you notice?**
- 12:15 **Lunch**
- 1:00 **Tailoring Talks/Adult Learning**
- 1:30 **Your Community Process and Aspirations**
- 2:30 **Evaluations/Agreements**
- 2:45 **Break**
- 3:00 **Closing Circle**
- 4:00 **Closing**
- 4:30 **End**