

Youth Mental Health First Aid class

Maple Grove Hospital and North Memorial Health are partnering with the Minnesota Department of Health to offer this Youth Mental Health First Aid class in our community.

Youth Mental Health First Aid is a nine-hour course that teaches you how to help someone, aged 12-18, who is developing a mental health problem or experiencing a mental health crisis. This training teaches you how to identify, understand, and respond to signs of common mental illnesses and substance use disorders in adolescents.

**Join us at North Memorial Health Specialty Center
3435 West Broadway Ave., Robbinsdale, MN 55422**

**Friday, May 11, 2018
8 a.m. – 5 p.m.**

This class is free, but space is limited - register early!
To register for this class, please visit northmemorial.com/events.



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MEMORIAL HEALTH

MAPLE GROVE
HOSPITAL

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DEPARTMENT
OF HEALTH